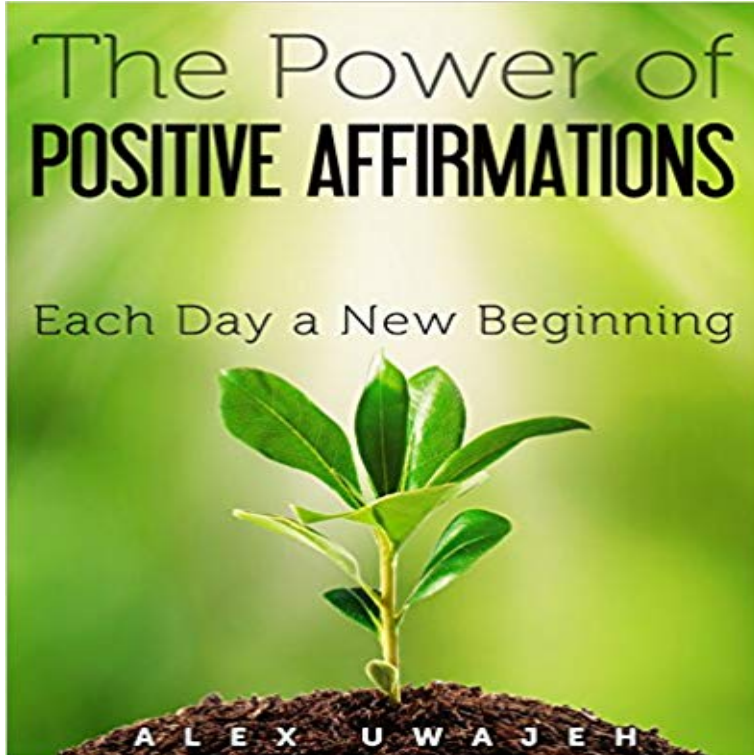


The Power of Positive Affirmations: Each Day a New Beginning



The Power of Positive Affirmations: Each Day a New Beginning. ***Please Note: This book contains Bible references***

Did you know that focusing on the negative aspects of things could actually make more negative things appear in your life? If you're serious about living a happy, healthy and abundant life, the key is to change your thoughts. Take control of those negative thoughts and emotions and turn them around. Find affirmations that help you stick to a positive frame of mind, and then repeat them until you feel more confident about them. It makes no difference what aspect of your life you consider, there's always something to be grateful for. For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart - Hebrews 4:12 New King James Version. God bless you!

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